



Searching for a respectful and supportive group of guardians, or one-on-one, guidance to gain parental or guardian education to help raise a child?

Practitioners at AMS Wellness can help!

The Guardian Group (GG) is open to any guardians who are seeking a non-judgmental community, or one-on-one support to understand the nuances of raising a child, learn tips, process stressors, and gain a sense of connection.

Participants

Anyone is welcome to attend the class, with a commitment to join all ten weekly classes.

Format

All sessions will take place virtually on Zoom, a HIPAA compliant platform.

Classes

- Each class is one-hour long and is held weekly. Time and date is dependent on your availability!
- There are a total of ten classes for the GG that follow a curriculum.

Next Steps

1. Email intake at intake@ams-wellness.com
2. Request GG
3. Verify insurance benefits
4. Start services

Insurance Accepted

-  BCBS PPO, Aetna PPO, and Out of Pocket

Find Us

 <https://www.ams-wellness.com/>

 intake@ams-wellness.com

 535 Plainfield Rd Ste E3,
Willowbrook, IL 60527

 (630) 891-3027