



2023-2024

# Externship & Internship

277 83<sup>rd</sup> street

Suite D

Burr Ridge, IL

630-891-3027

[intake@ams-wellness.com](mailto:intake@ams-wellness.com)

## Externship and Internship

Begins in July of 2023 and is considered to be a 12 month  
externship/internship ending in June 2024

# Expectations

## Who Should Apply:

- Doctoral level students seeking a Therapy or Advanced Therapy Externship
- Master's level students seeking an internship position
- Spanish Speaking Applicants Highly Encouraged to Apply
- Responsibilities:
  - Therapy Externship Expectations (1-2 positions available):
    - Carry a caseload of 8-12 (Individual/Couples/Family)
    - Research best practices
    - Complete progress notes
    - Submit progress notes to the insurance company
  - Advanced Externship Expectations (1-2 positions available):
    - Carry a caseload of 6-10 (Individual/Couples/Family)
    - Research best practices
    - Complete progress notes
    - Submit progress notes to the insurance company
    - Complete 3 comprehensive evaluations
      - Unique opportunity to complete ASD diagnostic evaluations
  - Master's Internship (1-2 positions available):
    - Carry a caseload of 8-12 (Individual/Couples/Family)
    - Research best practices
    - Complete progress notes
    - Submit progress notes to the insurance company
- All students:
  - Will receive one-hour weekly individual supervision and one-hour group supervision
  - Monthly didactic trainings
  - Monthly team meetings
  - Will receive 2 sick days and 3 personal days throughout the year
- Population:
  - Pediatric (3–5-year-old)
  - Children
  - Adolescents
  - Adults
- Mandatory Days:
  - Mondays and Thursdays

## How to Apply – ACEPT Guidelines Followed:

- Send your
  - Cover Letter
  - Resume/Vitae
  - 2-3 Letters of Recommendation
  - Transcript
  - Writing Sample (Advanced Therapy Applicants only)

## Supervision Philosophy:

Our philosophy of supervision is to provide a supportive environment where the extern feels validated and open to learn in our clinical setting. We value the trainees to continue to build their skill set through their professional development by being a part of a clinical team. We adhere to the most ethical standards and providing feedback that encourages the externs to manage their own well-being and build their self-awareness. Our goal for supervision is for the trainee to feel safe to explore their clinical challenges openly, be able to grow and thrive in their professional development goals. In addition, we believe that we are training the individual to learn about themselves, in order to develop their own professional sense of self through guidance and support.

## Training Directors and Supervisors:



Dr. Alicia Viera  
Training Director &  
Supervisor

Dr. Viera is one of the founders of AMS Wellness. She completed her doctorate degree at Adler University. She has years of experience in the mental health field, including but not limited to community mental health centers and private practice. She specializes in Autism, general psychology, and merging psychology with education. For more information, please visit the Founders page on the website.



Dr. Melissa Salinas  
Training Director &  
Supervisor

Dr. Salinas is one of the founders of AMS wellness. She completed her doctorate degree at The Chicago School. She has years of experience in the mental health field, including but not limited to community mental health, primary care facilities, and private practice. She specializes in Trauma work, pediatric psychology work, and general psychology. For more information, please visit the Founders page on the website.



Ms. Rachel Epps  
Master's Level Supervisor

Ms. Epps has her Master's degree from Adler University. She has years of experiencing working with children and providing them with the coping skills to best support their everyday functioning. She has experience working in schools, community mental health centers, residential centers, and private practice. For more information, please visit the Our Clinicians page on the website.



Ms. Danielle Kraus  
Master's Level Supervisor

Ms. Kraus has her Master's degree from Lewis University. She has years of experience working with adolescents and adults alike. She has experience working in a hospital and private practice setting. She has a focus in child and adolescent development. She is also an advocate for Healthy at Any Size. For more information, please visit Our Clinicians page on the website.